



OCR National Health and Social Care

KS4

Why should I study this course?

Why should I study this course? This qualification allows you to develop your knowledge and understanding of the health, social care, and early years sectors. The course provides opportunities to explore topics in depth, to include contact with outside agencies and people working in a variety of health and social care occupations. This qualification is highly suitable if you want to enter employment in the health, early years, or care sectors, or to undertake further study in this area.

What knowledge and/or skills will I need?

Skills that you will need, or that you will be required to develop, include:

- communicating clearly in writing and speech for the purpose of discussion, role play and coursework activities
- selecting and researching relevant material from a wide variety of different sources, e.g. textbooks, internet, television and visits
- the ability to work independently and as part of a team
- presentation skills to include ICT to produce coursework and class work
- the ability to investigate a topic through planning, obtaining evidence and drawing conclusions - for example, health care provision in the community

How will I be assessed?

Students will be assessed through a combination of exam and coursework modules.

R032: Principles of care in health and social care settings: Exam unit, 1 hour 15 mins. This is usually studied in Year 11. In this unit you will learn about the importance of the rights of service users, person-centred values and how to apply them. You will also learn about the importance of effective communication skills when providing care and support for service users in health and social care settings and the procedures and measures used to protect individuals such as safeguarding, hygiene and security.

R033: Supporting individuals through life events: Coursework unit 10-12 hours of written coursework. This is usually completed in Year 10.

In this unit you will learn about life stages and the factors that affect them. You will understand expected and unexpected life events and the impact they will have on physical, social/emotional, and socio-economic aspects in an individual's life. You will research the service providers and practitioners that can support individuals, recommend support and justify how this will meet the needs of a specific individual

R035: Health promotion campaigns: Coursework unit 10-12 hours written coursework. This is usually completed in Year 10.

In this unit you will have the opportunity to explore the various public health challenges the country faces, the approaches used to encourage health and wellbeing and the importance of this to society. You will understand the factors affecting a healthy lifestyle so that campaigns can be designed to target different groups of people. You will also learn how to plan and deliver your own small-scale health promotion campaign and how to evaluate your planning and delivery

Want more information?

Email Ms Loveridge dloveridge@corfehills.net

Visit OCR website:

<https://www.ocr.org.uk/qualifications/cambridge-nationals/health-and-social-care-level-1-2-j835/qualification-at-a-glance/>