



## OCR Sport Studies

KS4

### Why should I study this course?

Rather than sitting an exam at the end of Year 11, the Cambridge National in Sport Studies is set up as 4 distinct units. You complete two units in Year 10 and two in Year 11. Each unit is divided into assignments (like projects) that you need to generate evidence for. For example, one unit requires you to perform in a team and an individual sport, then become an official in a sport and finally create a mini training programme that could improve your performance in one sport. The evidence you produce, along with witness statements written by your teachers, will be used to award you a grade. The grading is slightly different. Rather than being given, A, B, C you are awarded Distinction, Merit and Pass. One of the Year 10 units is assessed through a written exam. However, you have the opportunity to re-sit this exam twice more in Year 11 to improve your grade.

### What knowledge and/or skills will I need?

Students suited to the Cambridge National in Sport Studies will have:

- a passion for sport
- the willingness and determination to apply sporting knowledge to a particular sporting interest
- the ability to use a range of assessment methods to create evidence for assignments
- a strength in completing coursework tasks, rather than sitting formal examinations

### How will I be assessed?

This course is run by the OCR exam board.

- The majority of work is assessed through the completion of assignment tasks (75%)
- These include 3 units titled (Developing Sport Skills, Sports Leadership and Sport and the Media)
- One unit is assessed via a formal written exam (25%) but this can be retaken a further two times

### Want more information?

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Visit the [OCR Website](#)