

Ski Trip: 2026

Gear Checklist

Listed below are the essential, items of clothing that you should take with you. Bear in mind that the weather in the Alps can be very changeable; it could be pleasantly warm, it could be extremely cold (well below freezing)

Ski Gear

- Ski Jacket
- Ski pants / salopettes
- Cotton / thermal long sleeved T-shirts
- Cotton / thermal short sleeved T-shirts
- Fleeces / sweatshirts *(lots of thin layers better than one thick layer)*
- Buff
- Gloves/mittens *(inner gloves if your hands really feel the cold)*
- **Ski** socks (at least 2 pairs)
- Goggles *(not optional!)*
- Sunglasses *(optional)*
- Stout trainers / shoes *(with good grip)*
- Long johns / tights / leggings *(to wear under salopettes!)*
- Sun block *(at least factor 25)*
- Lip salve
- Helmet *(Not optional but provided free by Interski in resort)*

Please remember that our recommended supplier is Interski

Tel: 01623 456333

Internet: <https://www.interski.co.uk/Rental/>

General

Jeans / trousers / skirts
Underwear
Shirts
Shoes
Socks / tights
Nightwear
Jumpers / Fleeces
Towel
Toiletries
Electric socket converter

Extras

Chocolate for the mountain *(packet of bitesize bars ideal- expensive in resort)*
Small water bottle
Pen / writing material / game
Camera / phone / battery pack

All items must be in a single, preferably soft holdall/suitcase (additional small backpack may be taken on the coach 'hand luggage' as well as small travel pillow / blanket.) Students must be able to lift / manoeuvre their luggage from the coach to the hotel therefore wheeled holdalls are ideal.