

RSHE CURRICULUM OVERVIEW

DIVERSITY (OCT)

YEAR	SESSION	TOPIC	RSHE GUIDANCE	PC/BV	FOCUS
YEAR 9 	Yr 9				Year 9: Understanding communities and prejudice 
	1	Communities 	RR2 PS1-3,5 BS4,9,16 DATV3	Age, Race, Religion/MR, Tolerance	
	2	Misogyny 	WO2,3 RR11,12 OS3,8,11	Sex/RoL, Respect	
YEAR 10 	Yr 10				Year 10: Recognising discrimination and fairness 
	1	Hate Crimes 	RR2,4,9 BS16	Race, R&B, Disability, GR, SO, Sex, Age/IL, RoL, Democracy, Tolerance, Respect	
	2	Equity/Equality - PC 	RR2,3,9	Race, R&B, Disability, GR, SO, Sex, Age/RoL, Tolerance, Respect	
YEAR 11 	Yr 11				Year 11: Taking responsibility and creating inclusive communities 
	1	Ideology/extremism 	RR9,11,12 BS3 OS3,6,8,11 PS2 WO5,9,11,12	Race,R&B,Sex,SO, GR/Democracy,IL, Respect,Tolerance	
	2	Identity, belonging and being an ally 	RR4,9,10 PS1 RF1 BS4	SO,GR/RoL, tolerance, respect	

KEY

PC/BV: Protected Characteristics / British Values

Age: Age
Disability: Disability
MR: Marriage & Civil Partnership
IL: Ideology or Belief

R&B: Race & Belief
RoL: Religion or Lack of Religion
SO: Sexual Orientation

Tolerance: Tolerance
Respect: Respect
GR: Gender Reassignment



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SAFETY (DEC)

YEAR	SESSION	TOPIC	RSHE GUIDANCE	PC/BV	FOCUS
YEAR 9 	1	Appearance online – the power of the algorithm 	RR1-3,5 MW2,3	Age, Sex, SO, Race/MR, RoL, Tolerance	Personal online awareness 
	2	Anti-social Behaviour 	RR1-3,5 MW2,3,6	Age/RoL, IL, MR	
YEAR 10 	1	Dangers of the Dark Web 	BS3,11 DATV1,2 PS5 WO3,6 RR8 OS5,6,8,14	RoL	Recognising online exploitation & risks 
	2	County Lines 	DATV1-7 HPP5 PS5,6 OS5	Age, Disability/ RoL	
YEAR 11 	1	Deepfakes and online privacy 	OS3,5-7,15 BS3	Age, Sex/MR, RoL	Critical digital citizenship & protection 
	2	Online Privacy/ Dating 	OS2,4,7,11-14 BS3,4 ISS10 RR11-12 PS1 RF3,8	Age, Sex, M&CP/RoL, IL, Respect	

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WELLBEING (JAN)

YEAR	SESSION	TOPIC	RSHE GUIDANCE	PC/BV	FOCUS
YEAR 9	1	Healthy eating on a budget 	HE1,2	Age, Sex, Disability/MR/IL	Building healthy foundations 
	2	Mental Health: Stigma and Language 	MW1,4,5 RR2	Sex, Disability, R&B, Age/MR & Tolerance	
YEAR 10	1	Drugs 	DATV1,2,5 HPP1,3,5,8,9 WO6	Sex, Age, Disability/RoL, IL	→ Understanding influences & risks 
	2	Body image & Social Media 	IS1,4-7,12 JE2,4-3 HPP4,7 WO1,2,5 PH1,2 RR3 OS3,7,9 PS2 DB3,4 DATV6 RF7	Age, Sex, Disability/MR, IL, Tolerance, Respect	
YEAR 11	1	Fixed obsessive behaviours (being safe) 	BS3,10	Disability/ Tolerance, respect	→ Developing independence, self-management & informed choices 
	2	Reproductive health rights and wellbeing 	DATV3,4,6,7 HPP4,8 PH2 HE1-3 RR9,10,12 BS9,11-13,16 PS6, IS5,11,12	Age, Sex, Disability, P&M/IL, Respect, RoL	

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FUTURES (MARCH)

YEAR	SESSION	TOPIC	RSHE GUIDANCE	PC/BV	FOCUS
YEAR 9	1	Extremism 		Race, R&B, Sex, SO, GR/Democracy, IL, Respect, Tolerance	Understanding harmful influences & social responsibility 
	2	Criminal behaviour & mob mentality 	RR2,4,5,9,10 OS3,6,8,9 PS2-4 WO3	R&B/Respect, Tolerance, RoL	
YEAR 10	1	Employment law 	RR2,4,9,10 HPP4 PS1	All/RoL	→ developing independence & personal protection 
	2	Personal Safety 	OS1 NS4 PS1	Age/RoL, IL	
YEAR 11	1	Parenting 	IS4,7,12 HPP8 DP4 RF1,2,6,7	Age, Sex, P&M, M&CP, Religion, Race, SO/IL, RoL	→ preparing for adult responsibilities & life choices 
	2	Adulting 	IS4,7,12 HPP8 DP4 RF1,2,6,7	Age, Sex, P&M, M&CP, Religion, Race, SO/IL, RoL	

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SEX (JUNE*) | EXCEPT YEAR 11

YEAR	SESSION	TOPIC	RSHE GUIDANCE	PC/BV	FOCUS
YEAR 9 	Yr 9				understanding physical health & protection 
	1	Contraception 	IS4-6	Age, Sex, SO/MR, Respect	
	2	STIs 	ISR8-12 BS6-8	Age, Sex, SO/MR, Respect	
YEAR 10 	Yr 10				→ developing informed decision-making & understanding influences 
	1	Readiness for sex 	RR1,8 OS11 BS1 DB1,2 IS1,2,6,8,9	SO/RoL, Respect	
	2	Porn 	RR10-12 IS4,5,11 OS5,8,10-12 WO2 BS6,10,14,15 MW9	Sex, SO/Respect/RoL	
YEAR 11 	Yr 11				→ preparing for respectful, safe & responsible adult relationships 
	March*	Role of pleasure 	RR1 IS1,2	Sex,Age/RoL, Respect, Tolerance	
	March*	Sextortion & abuse 	RR11-12 OS2-8,10,14 WO6,7 IS5 BS13-14	Sex,Age/RoL, Respect	
 ALL TO CONTAIN CONSENT (which is taught assembly also) 					

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* June in all year groups except Year 11