



Our ref: 7378/LS/MC

5 October 2026

Dear Parent/Carer

Relationships and Sex Education (RSE) and Health Education

Relationships and Sex Education and Health Education will form a statutory element of our curriculum. This means that all students in Years 9 to Year 13 will receive age-appropriate lessons delivered by staff in school and a range of external visitors. All parents/carers, students and staff have had an opportunity to contribute to the development of the curriculum and I would like to thank you for your contributions. It is important to us that we work together to ensure that we provide the best possible experiences for our students.

Our policy

The link to the Relationships and Sex Education (RSE) and Health Education Policy is:

<https://www.corfehills.net/attachments/download.asp?file=346&type=pdf>.

Please also find attached a link providing an overview of our planned method of delivery and key topics explored, as well as a very detailed parent / carer booklet to support you when discussing these at home:

[https://relationships%20and%20sex%20education%20\(rse\)%20and%20health%20education/](https://relationships%20and%20sex%20education%20(rse)%20and%20health%20education/)

We would like to reassure you that the curriculum content will be delivered in a sensitive manner, modelling positive attitudes at all times and responding to the needs of individual students.

Right to withdraw

You have the right to withdraw your child from the non-statutory/non-science components of sex education up to and until 3 terms before your child turns 16. At this point, if your child wishes to receive sex education rather than being withdrawn, we will arrange this. If you wish for your child to be withdrawn from this element of the curriculum, you should put this in writing using the form provided:

<https://www.corfehills.net/attachments/download.asp?file=367&type=pdf>

The form needs to be addressed to Luke Smith, Deputy Headteacher. A copy of the withdrawal request will be placed on your child's record and the Deputy Headteacher will discuss this with you and take appropriate action. Alternative work will be provided for any student who has been withdrawn.

Dates of Drop-Down Days and overall themes:

Thursday 8 October - Diversity

Tuesday 15 December - RP/RHSE Day (Year 11 and 13 only)

Thursday 17 December - Safety

Friday 15 January - Wellbeing

Wednesday 10 March - RP/RHSE Day (Year 10 and 12 only)

Friday 12 March - Futures

Thursday 10 June - Sex Education





To enable Relationships to be fully embedded, this year, Year 9 students will have fortnightly RHE lessons which embed important PSHE sessions on equality, conflict resolution and staying healthy. (Sex education will not form part of these sessions.)

Please do not hesitate to contact your child's Student Support Manager or Head of Year if you have any questions.

Yours faithfully

Mr L Smith
Deputy Headteacher